

## Sexually Transmitted Infections What you need to know

### axess sexual health outreach team are offering a Sexually Transmitted Infections (STIs) awareness briefing

This briefing is aimed at those who work with young people and adults. Sexual health is a significant part of health and wellbeing where discussions are vital to raise awareness and equip positive decision making. It is important to help reduce the incidence of sexually transmitted infections including HIV and promote the uptake of STI screening and treatment.

#### Aims of the briefing

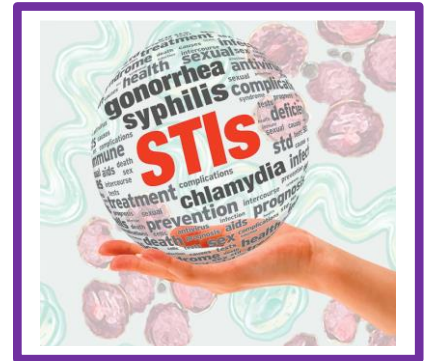
This briefing includes a short TEAMS presentation (45/50 minutes) aiming to increase knowledge, awareness and understanding around sexually transmitted infections, the importance of screening and discussing sexual health within your role.

The briefing will cover:

- Types of STIs and how they are transmitted including; signs and symptoms
- The importance of having conversations around STIs
- Where and how to get an STI test
- Understanding how testing works and its importance
- Treatment and how to access support

#### At the end of this briefing session you will have gained knowledge and understanding around:

- ✓ Engaging in conversations with increased awareness and knowledge around sexual health topics
- ✓ Sexually transmitted infections and the importance of testing
- ✓ Promoting positive sexual health and wellbeing in your role
- ✓ The use of correct terminology and increased knowledge of local services



#### Upcoming sessions

Date	Time	Date	Time
8 <sup>th</sup> February 2022	1:00pm	17 <sup>th</sup> March 2022	3:15pm
16 <sup>th</sup> February 2022	3:15pm	29 <sup>th</sup> March 2022	1:00pm
8 <sup>th</sup> March 2022	1:00pm	26 <sup>th</sup> April 2022	3:15pm

**To book** onto this briefing please email [Hayley.tooley@liverpoolft.nhs.uk](mailto:Hayley.tooley@liverpoolft.nhs.uk) & [Kelly.cartwright@liverpoolft.nhs.uk](mailto:Kelly.cartwright@liverpoolft.nhs.uk) with the date you would like to attend. If you would like a different date please contact us to arrange this.

For further information on sexual health services please visit: